BEFORE THE FIRE TRUCK ARRIVES
Who is the RightCare Foundation?

We are a 501(c)(3) nonprofit advocating for best-practice care.
Sudden cardiac arrest is the **#1 cause of death** in the U.S. among adults over 40 years old, and **#3 for all ages**.
90% of sudden cardiac arrests occur out-of-hospital*

* "A Treatable Public Health Crisis," Tufts University
Heart disease is the leading cause of death, claiming more than 13,000 residents a year*

* "The Burden of Cardiovascular Disease in Arizona," Arizona Department of Health Services
Influencing policy, economic, social and institutional change.

Everything we stand for is aimed at saving lives and honoring wishes.
CHAPTER 154

HOUSE BILL 2076

AN ACT
AMENDING SECTIONS 36-3290 AND 36-3296, ARIZONA REVISED STATUTES; RELATING TO THE HEALTH CARE DECEDENTS REGISTRY.

(TEXT OF BILL BEGINS ON NEXT PAGE)
WHEREAS, Healthcare Decisions Day exists to inspire, educate, and empower the public and providers about the importance of advance care planning and raise public awareness of the need to plan ahead for healthcare decisions, related to end-of-life care and medical decision-making whenever patients are unable to speak for themselves; and
WHEREAS, only one in five Arizona citizens are estimated to have completed an advance directive, and less than half of severely or terminally ill patients are estimated to have completed an advance care directive; and
WHEREAS, the Task Force Against Senior Abuse encourages hospitals, nursing homes, assisted living facilities, continuing care retirement communities, and hospice care facilities statewide to provide clear and consistent information to the public about advance care directives; and
WHEREAS, the Task Force Against Senior Abuse will encourage medical professionals and lawyers to volunteer their time and efforts to improve public knowledge and increase the number of Arizona citizens with advance care directives; and
WHEREAS, the Arizona Secretary of State maintains and operates the Advance Directive Registry, establishing in law a process for healthcare providers and first responders to access the registry at no cost; and
WHEREAS, one of the themes of Healthcare Decisions Month is “It always seems too early, until it’s too late,” and
WHEREAS, as a result of April 2018, being recognized as Healthcare Decisions Month in Arizona, more citizens will have conversations about their healthcare decisions with their family; more citizens will complete advance directives to make their final wishes known, and fewer families will have to struggle with making difficult healthcare decisions in the absence of guidance from their loved ones.
NOW, THEREFORE, I, Douglas A. Ducey, Governor of the State of Arizona, do hereby proclaim April 2018, as
HEALTHCARE DECISIONS MONTH

IN WITNESS WHEREOF, I have hereunto set my hand and caused to be affixed the Great Seal of the State of Arizona

[Signature]
Governor

DRED at the Capitol in Phoenix on this fifth day of April in the year Two Thousand and Eighteen and of the Independence of the United States of America the Two Hundred and Forty-Second.

[Signature]
Secretary of State
AHCA/LeadingAge Taskforce

Current Policy Work
Before the fire truck
Return to normal living
Immediate Resuscitation

Why this Method?
Immediate Resuscitation

Breast bone (sternum)

Chest compressions are performed between the nipples
Our Technology
Arizona Department of Health Services provides Medical Direction for AED use
Survival = Return to Normal Living

Terry Schoen
Survival = Return to Normal Living
Honoring DNR wishes
"Any health care provider licensed or certified to practice as such in this state or elsewhere, or a licensed ambulance attendant, driver or pilot as defined in section 41-1831, or any other person who renders emergency care at the scene of an emergency occurrence gratuitously and in good faith shall not be liable for any civil or other damages as the result of any act or omission by such person rendering the emergency care, or as the result of any act or failure to act to provide or arrange for further medical treatment or care for the injured persons, unless such person, while rendering such emergency care, is guilty of gross negligence."
Accreditation for senior living and group homes. We partner to *elevate* the level of care to *Save lives and honor wishes.*

**Mutually beneficial** for our partners, residents, families, staff and site visitors.

**RightCare Accreditation**
Anyone witnessed or not witnessed to become unconscious and not breathing normally

- Observe advanced directives as practically possible with respect to patient need for Immediate Resuscitation
- Have another rescuer call 911 or call 911 if alone
- Have another rescuer retrieve the AED
- Turn patient face up and place on flat hard surface as necessary
- If patient is not responsive to vigorous touch immediately push hard (approx. 2 inches in depth) and fast (approx. 100 compressions per minute) in the center of patient’s chest and continue uninterrupted chest compressions until 911 responders take over
- When AED becomes available deploy per manufacturers recommendations
- Turn AED on
- Apply pads to patients bare chest
- Allow AED to analyze patient DO NOT TOUCH PATIENT
- If shock advised deliver shock DO NOT TOUCH PATIENT
- Immediately resume chest compressions after shock
- If no shock advised immediately resume chest compressions
- After ensuring adequate chest compressions are being delivered to patient have another rescuer immediately apply oxygen to patient via non-re breather mask at 15+ liters per minute
- Change chest compression rescuers every 200 compressions or when fatigued
- During Immediate Resuscitation rescuers must be mindful that deep compressions with full recoil of the chest are most effective
- If oxygen tank becomes empty then remove mask from patient
- If patient becomes alert then stop resuscitation
2005 | Survival for witnessed V-fib was 7%

2015 | Survival for witnessed V-fib was 36%

V-fib is when your heart ventricles quiver, but don’t pump blood

PFD Policy Change to Immediate Resuscitation
Installed 85 AED’s and trained staff in 2001 resulting in a 79.5% neurologically intact = no brain injury survival rate after sudden cardiac arrest.
case study | PHX Sky Harbor International Airport

50 lives saved

as of Oct 2016
Immediate Resuscitation

YOU are the First Responder
Out-of-hospital Chain of Survival

How Important is Your Role?
Sudden cardiac arrest can cause brain cells to begin dying immediately.

Save the Brain
Coronary Perfusion Pressures

Cerebral Perfusion Pressures

The Race is On...

The chance of survival decreases by 10% for every passing minute without Immediate Resuscitation.

Survival Decreases with Time
clients

RightCare Foundation is a 501(c)(3)

collaborative partners | committed to saving lives
RightCare Foundation is a 501(c)(3) funding partners

Arizona Community Foundation

Vitalyst Health Foundation

Halstead Community Foundation

Pakis Family Foundation

BHS Legacy Foundation

Dignity Health
RightCare Foundation is a 501(c)(3)
RightCare Foundation is a 501(c)(3)
WE WANT YOU!
Don’t WAIT for paramedics!

Immediate Resuscitation reduces brain injury and increases survival up to 3X.

YOU Can Increase Survival
Perform continuous compressions at a rate of **110/minute (PUSH FAST)**

At least **2”+ (PUSH HARD)** compression depth (2.4” is target)

Allow **full chest recoil** between compressions

**DO NOT STOP**
Learn How YOU Can Increase Survival by up to 3X Before The Fire Truck Arrives

RightCare works to elevate quality of care, decrease brain injury and increase survival after sudden cardiac arrest.

RightCare will help your team satisfy their biennial certification requirements.

We will provide continuity of education and utilize state-of-the-art technology to enhance training.

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<th>CERTIFICATION</th>
<th>American Heart Association</th>
<th>Red Cross</th>
<th>American Safety &amp; Health Institute</th>
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*All certifications conform to national standards and are based on the core scientific guidelines and treatment recommendations.*

RightCare Training Locations or Chartis, Classic, AED (from class size 15 - Maximum 30).

RightCare was founded and is operated by first responders.

To learn more, contact rightcare@rightcare.org.

or visit www.rightcare.org

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Caregiver Training
Educated, equipped and empowered to act, we can save lives and honor wishes in our community!

Steve Wagner
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