

# AZNHA's 11th Annual Conference August 25th, 2023

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## General Session 1 - Speaker: Dr. Brian Browne

Topic: Understanding Aging: Preparing to Treat, Serve and House an Aging Population



Senior adults are the leading population demographic in the United States in the 21st century. By 2050, it is anticipated that Americans aged 65 or older will have more than doubled in the last four decades.

New research is emerging to assist senior adults in their pursuit of good health, successful aging, dignity, and quality of life. This lecture outlines the data, the science, and opportunities everyone needs to know to create a successful roadmap for understanding aging and longevity in the 21st century.

## **General Session 2 - Speaker: Robert Espinoza**

Topic: What Drives Recruitment and Retention in Home Care? A Data-Driven, Practical Workshop



Across the country, home care agencies increasingly struggling to recruit and retain home care workers, making it difficult to provide optimal care in their communities. Central to this challenge is the financial insecurity that many home care workers face, which harms them economically and pushes them out of this sector. This session will provide an overview of the direct care workforce recruitment and retention challenges facing home care employers, including key figures, their primary challenges, and what providers and policymakers are doing to address them. It will also discuss how poverty impacts home care workers and the workforce shortage in this job sector, providing audience members with a clear sense of what workers navigate and how providers and policymakers can make a meaningful difference.

# General Session 3 - Speaker: Angelo Spinola

**Topic: Latest Legal Developments Impacting the Home Care Industry** 



Please join attorney Angelo Spinola for a summary of the most significant legal trends and updates impacting your agency and strategies for complying with the same while still running a successful home care business. Angelo will also discuss how the industry has been impacted by the Biden administration and review recent industry specific employment practices being targeted in new lawsuits and the actions owners can take to better protect their agencies from litigation and DOL investigations. There will also be time for questions at the end of the session!



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# Breakout 1a - Speaker: Pat Moodie-Brown & Matthew Peterson

Topic: Adult Protective Services - What you need to know





The goal is to improve awareness and understanding of Adult Protective Services (APS). In our presentation we talk about APS: our authorities and duties, definitions of maltreatment as set in AZ State Statute, alongside Statute requirements for Mandated reporters, how to recognize neglect, abuse exploitation, self-neglect, the reporting criteria and investigative process', outcomes of investigations and finally share a number of local resources.

# Breakout 1b - Speaker: Crystal Littlejohn

Topic: Aging Life Care Managers & Home Care



Aging Life Care Professionals/Geriatric Care Managers and Home Care Providers are both important members of each client's care team. When the two work in collaboration, the benefit to the client increases exponentially. In this session, we will review the role of an Aging Life Care Professional and discover the many ways Aging Life Care Professionals can enhance the services offered to home care providers in a meaningful way.

# **Breakout 1c - Speaker: Emily Kile**

Topic: ALTCS Benefits: Eligibility, Services and Related Issues



Come learn about the eligibility criteria for ALTCS—Arizona's Medicaid program. ALTCS eligibility can be very confusing to clients. It pays for limited home care, assisted living, memory care and other long term care services. Long term care services can be very expensive. ALTCS helps individuals pay for services they otherwise would not be able to receive. Whether your agency is contracted with ALTCS or not, understanding the process and benefits is important.



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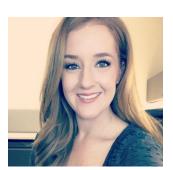






# **Breakout 2a - Speaker: Nicole Swartwout**

Topic: Non-Intrusive Technology Enhancing Aging in Place



Technology does not have to be intrusive, it can be immensely beneficial to the patient, loved one, care team, and family members. Imagine getting an alert that your loved one has lower than normal activity, possibly indicating illness or injury, the ability to check in on them, real time from anywhere, without being intrusive by placing cameras in their home. Imagine loved ones and a care team who all have real time insights in assisted living facilities adding peace of mind and accountability of care. Imagine technology that can reduce re-admittance rates, add revenue streams, optimize patient outcomes, integrate proactive care, and provide higher patient and care team satisfaction.

# Breakout 2b - Speaker: Benjamin Surmi

Topic: Your Technology Toolbox: Up-to-date age-tech tools for supporting clients



Innovation in age-tech is happening faster than we can keep up with. Yet, knowing what tools are available and which situations demand which tool is becoming a critical service life care managers offer families. In this fast-moving workshop, learn the types of tools now available and how to evaluate their fit for a client.

## **Breakout 2c - Speaker: Jasmine Bhatti**

Topic: Building Win-Win "Care Teams" In A Complex Healthcare

**System** 



Navi Nurses is a private duty nursing company that provides on-demand and personalized nursing services across Arizona. Since 2020, Navi Nurses has partnered with home health, hospice, and living facilities to build cross-functional "care teams". Navi's success lies in working collaboratively with care teams to support patients at each stage of their healthcare journey. Jasmine will provide tools and insights to build effective partnerships across different healthcare organizations increasing collaboration and transparency within teams to optimize care for patients. She will discuss how to build partnerships that generate win-win outcomes; improving care team collaboration to confidence, peace of mind, and overall health outcomes.