Caring for a loved one with dementia?



Family caregivers often feel overwhelmed, anxious and isolated while caring for a person with dementia. They want to keep their loved one at home for as long as possible, but wonder how to make it all work. Our ***Supportive Care for Dementia*** program helps families living with all stages of Alzheimer's disease and related dementias. There is no charge for this program, which includes:

Home visits: A dementia educator comes to you to provide information about Alzheimer's disease and other dementias, behavior management strategies, medications, respite placement and living wills.

24/7 phone support: Call anytime and talk directly to a nurse or social worker for advice. No answering service.

Consultations: Our experienced dementia team is available to provide support at every stage of the caregiving journey. We can also work with your loved one's physicians to tailor an individualized care plan.

Contact us: For questions or referrals, call (602) 636-6363 or fax (602) 212-3058.

SUPPORTIVE CARE FOR DEMENTIA

SupportiveCareforDementia.org

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We can answer your questions

- What is dementia and how does it affect the brain?
- What decisions and planning should I be considering at this time?
- How do I find and use community dementia and caregiver support programs?
- How do I cope with difficult emotions and caregiver issues in ways that promote my own well-being?
- What are some strategies for finding meaning and optimizing enjoyment in everyday living?
- How can I enhance communication with loved ones who have dementia?
- Can you help me understand challenging behaviors and teach me how to respond?
- How will I know when it's time for help at home, adult day programs or residential placement?
- How do I keep my family informed of changes and know how much to include them in decisions?

